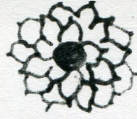


TITLE "KCHI-WEW-IS-UWEY"



November Reflections



VOLUME 2 ISSUE 1
NOVEMBER 1981

OFFICES LOCATED AT:
PLEASANT POINT 853-2551 ext. 254

FOOD FOR THOUGHT.....

The greatest deceiver is the one who deceives HIMSELF.....

The greatest secret of production is SAVING WASTE.....

The greatest confort is the KNOWLEDGE that you have done your work WELL.....

The greatest mistake is GIVING UP-The most expensive indulgence is HATE.....

The cheapest, stupidest, easier thing to do is FINDING FAULT.....

The greatest troublemaker is the one WHO TALKS TOO MUCH.....

The greatest stumbling block is EGOTISM.....

The greatest need is COMMON SENSE.....

The greatest puzzle is LIFE.....

The greatest mystery is DEATH.....

THE GREATEST THOUGHT IS GOD.....

The greatest thing in all the world, bar none is LOVE.....

Accept, believe and actionize these spiritual truths and truly you will begin
TO WAKE UP AND LIVE.....

FOOD FOR THOUGHT.....

"Compliments of Forrest the Barber"

WE HAVE A LITTLE NEIGHBOR
WHO LIVES DOWN THE STREET
SHE IS THE NICEST PERSON
THAT YOU COULD EVER MEET.
SHE BELIEVES IN EHLPING PEOPLE
ESPECIALLY THE OLD.
OUR OPINION OF HER IS
THATSHE IS GOOD AS GOLD.
HER FAMILY ALL ARE MARRIED
LIVING HERE AND THERE.
SHE BELIEVES IN HELPING OTHERS
WITH TIME SHE HAS TO SPARE.
IF YOU EVER COME TO EASTPORT
AND ARE EVER IN NEED
JUST LOOK UP OUR NEIGHBOR RUTH
AND FIND A FRIEND INDEED.

"Compliments of Burton Wilson"
Eastport

ATTENTION!

AFTER HOURS AND WEEKEND MEDICAL COVERAGE!

AFTER THE HEALTH CENTER CLOSES FOR THE DAY DURING THE WEEK AND ON WEEKENDS, PAUL CLARONI THE P.A. IS ON CALL.

TO REACH HIM CALL 853-6025 OR CALL THE DISPATCHER AT THE PLEASANT POINT POLICE STATION, THEY CAN REACH HIM BY RADIO.

IF PAUL IS AWAY THEN CALL THE EASTPOPT HEALTH CENTER AT 853-2544. THIS CENTER IS BACK-UP FOR PAUL.

NOTICE!

THE REFERRAL SYSTEM AT THE PLEASANT POINT HEALTH CLINIC AS IT WORKS:

1. MAKE APPOINTMENT TO SEE PAUL, NO MATTER WHAT THE PROBLEM IS YOU MUST SEE PAUL FIRST
2. PAUL REFERRS YOU TO ANOTHER DOCTOR IF HE FEELS THAT HE CAN NOT HANDLE THE PROBLEM
3. THE APPOINTMENT IS MADE AUTHORIZATION IS FILLED OUT BY THE CONTRACT MEDICAL CLERK SHE GIVES YOU A COPY TO TAKE WITH YOU OR IF THE APPOINTMENT IS FOR A LATER DATE SHE WILL MAIL IT TO THE DOCTOR YOU KEEP THE APPOINTMENT AND IF THE APPOINTMENT IS CANCELLED YOU CONTACT HER.
- 3A. IF THIS DOCTOR REFERRS YOU TO 1) SPECIALIST, 2) HOSPITAL FOR LAB WORK, 3) ADMITS YOU TO THE HOSPITAL LET THE CONTRACT MEDICAL CLERK (VIRGINIA ALTVATER) KNOW, OR HAVE THE DOCTOR'S OFFICE CALL HER OR THE HEALTH CLINIC.

BASICALLY THIS MEANS THAT EVERYTIME YOU ARE IN NEED OF A DOCTOR YOU MUST SEE PAUL FIRST GET AN AUTHORIZATION AS MENTIONED ABOVE BEFORE YOU CAN SEE ANY OTHER DOCTOR. THIS IS THE ONLY WAY THAT YOU CAN GET YOUR BILLS PAID, AND IF YOU HAVE ANY OTHER SOURCE OF MEDICAL INSURANCE TELL YOUR DOCTORS OFFICE. IHS IS ONLY A SOURCE THAT MAY BE USED IF NO OTHER INSURANCE IS AVAILABLE.

NOTICE!!!

THOSE OF YOU ELDERLY THAT HAVE ANY KIND OF INSURANCE OTHER THAN INDIAN HEALTH SERVICES SUCH AS MEDICAID, MEDICARE, BLUE CROSS/BULE SHIELD OR ANYOTHER MEDICAL INSURANCE PLEASE CALL BARBARA PAUL, MEDICAID BILLING CLERK AND GIVE HER YOUR TYPE OF INSURANCE AND YOUR IDENTIFICATION NUMBER WHICH IS PRINTED ON YOUR INSURANCE CARD. THIS IS TO INSURE PROPER BILLING. 853-2551 EXT. 254. IHS IS ONLY A SECONDAPY SOURCE.

BARBARA PAUL
MEDICAID BILLING CLERK

THE TITLE VI PROGRAM IS IN THE PROCESS OF PURCHASING A VAN FOR THE ELDERLY. THIS VAN WILL BE USED AT INDIAN TOWNSHIP SINCE THEY SHOW MORE OF A NEED FOR IT AT THIS TIME. THE COLOR OF THE VAN WILL BE RED. THE LETTERING WILL READ "TITLE VI PASSAMAQUODDY SENIOR CITIZENS." HOPEFULLY, THIS VAN WILL ARRIVE SOMETIME IN JANUARY.

THE ELDERLY WILL BE TAKING A TRIP TO BANGOR TO DO SOME CHRISTMAS SHOPPING ON DECEMBER 4, 1981. ANY ELDER WHO WOULD LIKE TO GO PLEASE CALL THE TITLE VI OFFICE BY DECEMBER 3, 1981 IT WILL BE FIRST COME FIRST SERVE BASIS.

THE NEXT TITLE VI WORKSHOP/CHRISTMAS PARTY WILL BE HELD AT INDIAN TOWNSHIP, ON DECEMBER 11, 1981. THE ELDERLY WHO WISH TO ATTEND THIS WORKSHOP PLEASE CALL AND MAKE RESERVATOPM BY FRIDAY DECEMBER 4, 1981. PLEASE CALL 853-2551 EXT 254

THE HEALTH CENTER IS PLEASED TO ANNOUNCE THE HIRING OF NICK GAMERTSFELDER AS THE HEALTH EDUCATOR FOR THE PLEASANT

CONT.
NOTICE

HEALTH CENTER, MR. GAMERTSFELDER WILL ASSIST IN THE
PROGRAMING AND COORDINATION OF ALL HEALTH EDUCATION
ACTIVITIES ON THE RESERVATION

NOTICE! NOTICE! NOTICE!

FOR THOSE OF YOU THAT RECEIVE SSI, SS, VA, AND AFDC INCOME
CHECK MONTHLY YOU WILL NEED COPIES OF THESE TO APPLY FOR
THE ENERGY PROGRAMS, TEC... IF YOU WILL COME TO THE HEALTH
CLINIC COPIES WILL BE MADE FOR YOU SO THAT WHEN THE TIME COMES
TO APPLY YOU WILL NOT HAVE TO WAIT FOR COPIES, YOU WILL
ALREADY HAVE THEM, AND IF YOU CASH YOUR CHECK AT THE BAK THE
BANK WILL MAKE COPIES ALSO. THERE IS ALSO A COPY MACHINE
LOCATED AT THE COMMUNITY BUILDING.
SO REMEMBER BEFORE YOU CASH YOUR CHECKS FOR THE MONTH OF
DECEMBER HAVE A COPY TAKEN OF THEM.

HAPPY BIRTHDAY NOTES

HAPPY BIRTHDAY WISHES TO ALL OF THE FOLLOWING PEOPLE FOR
NOVEMBER FROM THE TITLE VI STAFF:

MARY GABRIEL

SIMON GABRIEL

IRENE NEWELL

QUESTIONS AND ANSWERS ABOUT "KEEP IN TOUCH" PROGRAM!

1. WHAT IS THE "KEEP IN TOUCH" PROGRAM? IT IS A SERVICE TO PROVIDE DAILY TELEPHONE CONTACT, SEVEN DAYS A WEEK, WITH PERSONS LIVING ALONE, OR TEMPORARILY ALONE, TO CHECK ON THEIR WELL-BEING.
2. WHAT DO I DO TO JOIN? YOU SIMPLY FILL OUT A "KEEP IN TOUCH" APPLICATION FORM AND SEND IT TO: THE TITLE VI OFFICE TO BE MAILED. YOU WILL THEN RECEIVE A CARD WITH THE TIME THAT YOU SHOULD CALL IN.
3. WHO IS "KEEP IN TOUCH" FOR? IT IS FOR PEOPLE OF ALL AGES WHO LIVE ALONE IN YOUR TELEPHONE AREA, DESIRE THE SERVICE AND CAN BENEFIT FROM IT.
4. WHAT DO I DO IF I DO NOT NEED THE SERVICE FOR AWHILE? IF YOU ARE PLANNING TO BE AWAY FOR ANY PERIOD OF TIME, EVEN FOR A DAY, BE SURE AND TELL THE VOLUNTEER AT YOUR "KEEP IN TOUCH" CENTER THE DAY BEFORE YOU GO. IF YOU FIND OUT LATE IN THE DAY THAT YOU WILL BE GONE DURING YOUR CALL-IN TIME, LEAVE A MESSAGE AT YOUR "KEEP IN TOUCH" CENTER WHICH IS THE TITLE VI OFFICE AT PLEASANT POINT.
5. WHEN DO I CALL IN? PLEASE CALL DURING YOUR ASSIGNED TIME, WE WILL BE EXPECTING YOUR CALL AT THAT TIME EVERY DAY. THE TELEPHONES WILL BE ANSWERED FROM 8:00 A.M. UNTIL 4:30 P.M. EACH DAY OF THE WEEK.
6. MUST I CALL IN EVERY DAY? YOU MUST CALL IN EVERY MORNING INCLUDING SUNDAYS AND HOLIDAYS AT YOUR ASSIGNED TIME. IF YOU DO NOT CALL IN, WE WILL BECOME CONCERNED FOR YOU.
7. WHAT DO I SAY WHEN I CALL IN? ALL YOU NEED TO SAY IS YOUR NAME. PLEASE WAIT UNTIL YOU ARE SURE THAT THE VOLUNTEER HAS HEARD YOU AND UNDERSTOOD YOU.
8. WHY DO YOU WANT THE NAMES OF TWO CONTACT PERSONS? IF YOU FAIL TO CALL IN AND IF WE DO NOT GET AN ANSWER FROM YOUR TELEPHONE WHEN WE CALL YOU, IT IS IMPORTANT THAT WE FIND OUT WHY WE CANNOT REACH YOU. WE WILL CALL YOUR CONTACT PERSONS AND REQUEST THAT THEY CHECK ON YOU. IF WE FAIL TO RECEIVE ASSURANCE OF YOUR WELL-BEING, SOMEONE WILL COME TO YOUR HOUSE.
9. WHO WILL COME TO MY HOUSE IF YOU THINK SOMETHING IS WRONG WITH ME? YOUR CONTACT PERSON OR YOUR LOCAL "KEEP IN TOUCH" VOLUNTEER.
10. WHAT WILL HAPPEN IF I REPEATEDLY FAIL TO CALL? IN EVENT OF REPEATED FAILURE TO CALL IN AT YOUR DESIGNATED TIME, A "KEEP IN TOUCH" VOLUNTEER WILL CONTACT YOU TO SEE WHETHER OR NOT YOU WISH TO CONTINUE THE SERVICE.

KEEP IN TOUCH CONTINUED:

11. WHO PAYS FOR THIS SERVICE? THIS IS A PROJECT SPONSORED BY THE UNIVERSITY OF MAINE EXTENSION SERVICE WITH ASSISTANCE FROM THE COOPERATIVE EXTENSION SERVICE OF WASHINGTON COUNTY. THE TELEPHONES ARE ANSWERED BY VOLUNTEERS. THERE IS NO CHARGE TO THE PERSON USING THIS SERVICE.
12. WHERE DO I OBTAIN FURTHER INFORMATION? YOU SIMPLY CALL THE TITLE VI OFFICE AT PLEASANT POINT AND ASK FOR FRAN. THE NUMBER IS 853-2551 EXT. 254.
