



TITLE VI 'KCHI-WEW-UWEY'

VOLUME 1, No. 6
AUGUST, 1981

OFFICES AT:
PLEASANT POINT(853-2551)
TOWNSHIP (796-2301)

THIRD QUARTER WORKSHOP FOR SENIOR CITIZENS

THE TITLE VI PROGRAM WILL BE SPONSORING A THIRD QUARTER WORKSHOP FOR ELDERLY PEOPLE. THE WORKSHOP WILL BE HELD AT PLEASANT POINT COMMUNITY BUILDING ON SEPTEMBER 24TH, 1981.

GUEST SPEAKERS WILL HOPEFULLY INCLUDE TOM TUREEN, WHO WILL SPEAK ON THE ELDERLY SETTLEMENT FUND AND HOW IT DOES/DOES NOT AFFECT OTHER ELDERLY BENEFITS; A SOCIAL SECURITY REPRESENTATIVE WILL BE PRESENT TO ANSWER ANY QUESTIONS YOU MAY HAVE, ABOUT YOUR SOCIAL SECURITY OR S.S.I.; SOMEONE FROM THE HEALTH CENTER WILL ALSO SPEAK ON NUTRITION.

A TRADITIONAL MEAL IS PLANNED FOR THOSE ATTENDING THE WORKSHOP. FOR THOSE NEEDING TRANSPORTATION, PLEASE CALL YOUR TITLE VI OFFICE TO LET PHYLLIS, CYRIL OR NANCY KNOW. WE WILL ALSO NEED TO KNOW WHO IS PLANNING TO COME IN ORDER TO HAVE ENOUGH FOOD PREPARED.

ELDERLY FIELD TRIP TO BAR HARBOR

THE FIELD TRIP TO BAR HARBOR ON WEDNESDAY, AUGUST 26TH, WAS ENJOYED BY ALL WHO WENT. ACTIVITIES OF THE DAY INCLUDED A VISIT TO SPECTACULAR THUNDERHOLE, DINNER IN "DOWNTOWN" BAR HARBOR, SHOPPING AND BROWSING ALSO IN TOWN, AND A SCENIC DRIVE ON ONE OF THE ACADIA NATIONAL PARK'S ROADS ALONG THE SEACOAST AND UP TO CADILLAC MOUNTAIN.

BAR HARBOR TRIP (CONT.)

THE VIEW FROM ATOP THE MOUNTAIN WAS BREATHTAKING, AS ONE BEHELD THE FORREST, ISLANDS AND THE POWERFUL ATLANTIC OCEAN.

ELDERS FROM BOTH COMMUNITIES WENT ON THE FIELD TRIP.

THOSE WERE :

PLEASANT POINT

ADA FRANCIS
EDDIE BASSETT SR.
SUSIE MAY
HELEN STANLEY
ARLENE NICHOLAS
MARIA DANA
CROMP BAILEY
NANCY J. SOCTOMAH

INDIAN TOWNSHIP

LILLIAN STEVENS
IRENE DANA
LILLIAN GABRIEL
MARY GABRIEL
DELIA MITCHELL
PHYLLIS LANK

LILLY GABRIEL'S 80TH BIRTHDAY PARTY

LILLY GABRIEL, BORN ON AUGUST 22ND, 1901, CELEBRATED HER 80TH BIRTHDAY AT THE TITLE VI PROGRAM MEALSITE AT INDIAN TOWNSHIP. AFTER DINNER, SYLVIA TOMAH SERVED A DELICIOUS CAKE WHICH WAS SERVED WITH ICE CREAM. LILLY RECEIVED MANY GIFTS FROM HER FRIENDS AND ENJOYED AN OLD-FASHIONED WALTZ WITH MR. JOHN COFFEY, A GUEST OF MARTHA BARSTIS. MANY OF THE ELDERLY JOINED IN ON THE INDIAN DANCING WHEN SOMEONE STARTED DRUMMING ON A CARDBOARD FOOD CONTAINER WHICH SERVED AS A DRUM.

THE TITLE VI STAFF WISH LILLY MANY MORE BIRTHDAYS AND THANK SYLVIA FOR HER EFFORTS IN ARRANGING A LOVELY SURPRISE PARTY.

BIRTHDAYS COMING UP IN SEPTEMBER

PLEASANT POINT- ADA FRANCIS

INDIAN TOWNSHIP- LILLIAN STEVENS

"HAPPY BIRTHDAY TO ALL"

I AM ALCOHOL, AND GREAT ARE MY POWERS

I WAS BORN BETWEEN THE EARTH AND SPIRIT WORLDS, BETWEEN LIFE AND DEATH, BETWEEN SUBSTANCE AND DECAY. I WAS ONCE A PART OF THE ESSENCE OF LIFE, SLEEPING IN THE PULP OF CORN, GRAIN AND FRUIT. MY EXISTANCE THERE WAS HARMLESS—I SLEPT WAITING FOR THE DEATH AND DECAY OF THE PLANT-LIFE, WHEN I WOULD AWAKEN FOR A FLEETING INSTANT TO MARK THE FINAL DECOMPOSITION OF LIFE. ANIMALS WHO HAVE EATEN OF THE DECAYING FRUIT KNOW OF THE CIRCLE OF MY POWERS. AT FIRST SENSATION IS MY POWER TO BRING PLEASURE AND WARM FEELINGS TO THE HOST I INVADE. MY WARMTH AND CHEER HAVE CAUSED PAIN AND DEATH FOR COUNTLESS THOUSANDS. FOR MY CIRCLE OF POWER BEGINS WITH PLEASURE BUT RUNS TOWARDS PAIN WITH EACH DRINK OF MY ESSENCE. THE POWERS ARE PROGRESSIVELY STRONGER, SO THAT EACH STEP ENTICES THE HOST TO CONSUME MORE AND MORE. WHEN GRIPPED WITHIN MY POWER, THE HOST BECOMES CONFUSED--HE THINKS THAT PURSUING MY POWERS WILL GIVE HIM POWER, BUT IT MAKES HIM POWERLESS. HE CONFUSES INCREASING PAIN WITH INCREASING PLEASURE. HE SEES MY ILLUSION AS REALITY. HE SEES MY POWER OF DEATH AS THE ESSENCE OF HIS LIFE. IF THE DRINKER CHASES MY CIRCLE OF POWER TO A FULL ROTATION, ONLY THE THOUGHT OF HIS DEATH WILL BRING PLEASURE TO MIND, FOR DEATH IS ONE OF TWO WAYS FOR RELEASE FROM MY POWER, AND COMPLETES THE CIRCLE. THE ONLY OTHER WAY IS TO TURN IN MID-CIRCLE TO FACE THE PULL OF MY CHARMS, AND FIGHT THEM STEP BY STEP TO THE BEGINNING OF THE CIRCLE. THIS BATTLE HAS BEEN FOUGHT BY MANY, BUT WON BY FEW. THOSE FEW KNOW OF MY STRENGTH AND FEROCITY--THEY HAVE BROKEN THE SPELL OF A TERRIBLE FOE, BUT HAVE NOT DEFEATED ME.

I AM ALCOHOL (CONT.)

FOR THE MEMORY OF MY PLEASURE-GIVING WILL LURK WITHIN THEIR HEARTS, WAITING TO BE SEIZED UPON IN A MOMENT OF LONELY DESPAIR OR IMPULSE. THOSE WHO RESIST MY ATTRACTIVENESS AFTER HAVING BROKEN FROM MY SPELL ARE HOLY MEN. THEY HAVE DONE BATTLE WITH THE EVIL SPIRITS IN THE EARTH WORLD, AND THEIR REWARD IN THE SPIRIT WORLD IS GREAT. THOSE WHO PARTAKE OF MY JUICES BUT RESIST THE PULL OF THE CIRCLE TEMPT MY POWERS, BUT THEY MAY BE SUCCESSFUL IF THEY ARE AWARE OF MY TERRIBLE MIGHT AND ILLUSORY NATURE. BUT IF THEY SEEK LIFE THROUGH ME, THEY WILL COME TO KNOW DEATH.

INDIAN TOWNSHIP MOURNS THE DEATH OF AN OLD FRIEND

SINCERE SYMPATHY IS EXTENDED TO MILDRED PALMER BECAUSE OF THE DEATH OF HER MOTHER, ELIZABETH NEWELL. ALL OF ELIZABETH'S FRIENDS WILL MOURN THIS TERRIFIC LADY. ELIZABETH WAS BORN JAN. 11, 1905 AND WAS 76 YEARS OF AGE.

WHCA TRANSPORTATION

FOR THE ELDERLY, LOW-INCOME AND HANDICAPPED IN WASHINGTON AND HANCOCK COUNTIES. A WASHINGTON-HANCOCK COMMUNITY AGENCY PROGRAM. TOLL FREE 1-800-432-7312. IF ANYONE IS INTERESTED IN THIS KIND OF TRANSPORTATION, PLEASE CONTACT NANCY SOCTOMAH FOR MORE INFORMATION OR PLANS FOR A RIDE.

Phyllis Lank
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